

**THE MARTIAL ARTS CENTER, INC.
1ST DEGREE BLACK BELT**

REQUIREMENTS

TECHNIQUES	KI BOHN BOHN (10) GAHK DOH BUB (10) JUHN HWAHN BUB (10) GOH GEUP SOHN MOHK SOO (15) GOH GEUP EUE BOHK SOO (15)	JAH KI (15) WAH KI (15) EE IN JEH AHP SOOL (10) JOHK BAHNG UH SOOL (8) KUEN DAE RYUHN (8) JAHP KI (20)
FORMS	BAEK PAHL KI HUNG	
WEAPONS	JUHNG GUHM HYUNG DAHN BONHG HYUNG (4 DIRECTIONAL) BONG DAE RYUHN KI CHO DAHN BONHG KI CHO YUHK GUHM	PRIMITIVE SKILLS (BOW BUILDING, ATLATL, & SLING) SAI KAMA ARCHERY (SCORE 200)
HAND STRIKES	PYHUNG SOO SOO DOH	JUHNG GWUN YUHK SOO DOH