

The Martial Arts Center

420 Coliseum Blvd.

Montgomery, Al. 36109

(334) 271-2228

2006 Class Schedule

Monday	CLOSED		<i>School Opens</i>	3:00PM	4:00pm-5:00pm	5:30pm-6: 30pm	6:35-7: 30pm 7:30-8:30pm	
	Private Lessons Available		2:30 PM	Open*	Parents & Kids (4-12 years)	Kids (4-8 years)	Ladies Only / Men Only	
Tuesday	CLOSED		<i>School Opens</i>	3:00PM	5:00pm-6:00pm		6:05pm-8:00pm	
	Private Lessons Available		2:30 PM	Open*	Kids (9-12years)		All Adult and Youth	
Wednesday	CLOSED		<i>School Opens</i>	3:00PM	4:00pm-5:00pm	5:30pm-6: 30pm	6:35pm-8:00pm	
	Private Lessons Available		2:30 PM	Open*	Parents & Kids (4-12 years)	Kids (4-8years)	All Adult and Youth	
Thursday	CLOSED		<i>School Opens</i>	3:00PM	5:00pm-6:00pm		6:05pm-8:00pm	
	Private Lessons Available		2:30 PM	Open*	Kids (9-12years)		All Adult and Youth	
Friday	CLOSED			2:30PM	4pm-5: 30pm	5:30pm-7:00pm	CLOSED	
				Open*	All Adult and Youth	Black Belts Only!		
Saturday	9am-10am	10:05am-12:00pm			Closed		CLOSED	
	Parent & Kids (4-12 years)	Adult and Youth (White -Black) Special Weapons Training for Red Belts and up may Take the place of some Saturday Regular classes... Consult the monthly special class schedule.			Private Lessons Available		Private Lessons Available	

***Open** – Open training sessions are for general / extra training time. They are NOT instructed classes.

Private Lessons are by appointment only. This schedule may be changed at anytime without notice.

Call For Information on Rates or Other Questions!

One Free Week To All New Students!